

Siegerlisten Gesamt
10. Himmelfahrtslauf in Glinde
21. Mai 2009

21. Mai. 09

14:07

10 000 m - 10 km

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|-------------|-------------------------|-------------|---------------------|-----------|-----------|---------------|-----------------|
| 1. | Polzin, Thomas | 355 | Reha Bergedorf | 1979 | 1. | M 30 | 00:34:29 |
| 2. | Heineke,Matthias | 461 | AMTV-Hamburg | 1972 | 1. | M 35 | 00:36:11 |
| 3. | Erdtmann,Knut | 339 | TuS Hohnstorf/Elbe | 1962 | 1. | M 45 | 00:36:59 |
| 4. | Burmester,Karsten | 352 | BSG Signal-Iduna | 1971 | 2. | M 35 | 00:37:26 |
| 5. | Geisler,Marcel | 396 | | 1979 | 2. | M 30 | 00:37:52 |
| 6. | Weber, Burkhardt | 335 | FC St. Pauli | 1958 | 1. | M 50 | 00:38:22 |
| 7. | Müller,Reinhard | 375 | BSG Tchibo | 1967 | 1. | M 40 | 00:38:59 |
| 8. | Worm,Günther | 438 | | 1953 | 1. | M 55 | 00:39:02 |
| 9. | Kiesbye,Ulf | 349 | AMTV Rahlstedt | 1966 | 2. | M 40 | 00:39:07 |
| 10. | Klinke,Siegfried | 455 | Reinbek Ohe | 1943 | 1. | M 65 | 00:39:39 |
| 11. | Berger,Werner | 410 | TSV Glinde | 1966 | 3. | M 40 | 00:39:42 |
| 12. | Hanisch, Sebastian | 336 | | 1984 | 1. | M | 00:40:21 |
| 13. | Fehling, Christian | 380 | MTV Obermarschacht | 1971 | 3. | M 35 | 00:40:23 |
| 14. | Vasicek-Kunde,Andreas | 469 | | 1960 | 2. | M 45 | 00:40:34 |
| 15. | Winter,Björn | 451 | | 1985 | 2. | M | 00:41:10 |
| 16. | Barthel, Andrea | 368 | | 1976 | 1. | W 30 | 00:41:27 |
| 17. | Damaschke,Marco | 463 | | 1978 | 3. | M 30 | 00:41:52 |
| 18. | Blaut,Damian | 388 | Hamburg | 1966 | 4. | M 40 | 00:42:08 |
| 19. | Heidmann,Sabine | 379 | MTV Obermarschacht | 1968 | 1. | W 40 | 00:42:14 |
| 20. | Mehring,Manfred | 374 | AMTV Hamburg | 1948 | 1. | M 60 | 00:42:15 |
| 21. | Pieper,Jens | 384 | TUS Hoisdorf | 1963 | 3. | M 45 | 00:42:43 |
| 22. | Diekmann,Hans | 417 | | 1950 | 2. | M 55 | 00:42:55 |
| 23. | Rowlin,Bernd | 344 | Spiridon Oldesloe | 1945 | 2. | M 60 | 00:43:02 |
| 24. | Worch,Stephan | 362 | Hamburger Sportclub | 1960 | 4. | M 45 | 00:43:05 |
| 25. | Gallhof,Michael | 430 | Barsbüttel | 1954 | 3. | M 55 | 00:43:12 |
| 26. | Goldschmidt,Sven | 366 | | 1975 | 4. | M 30 | 00:43:32 |
| 27. | Murlewski, Kenneth | 385 | | 1994 | 1. | MSch A | 00:43:37 |
| 28. | Adler,Steven | 408 | LG Glinde | 1993 | 1. | MJGD B | 00:44:00 |
| 29. | Raab,Michael | 342 | Boberger Läufer | 1964 | 5. | M 45 | 00:44:04 |
| 30. | Struckmeyer,Jörg | 346 | team Schneckenjäger | 1962 | 6. | M 45 | 00:44:14 |
| 31. | Bartels,Ronald | 402 | Harburger S.C. | 1962 | 7. | M 45 | 00:44:26 |
| 32. | Kohn, Jens | 345 | Spiridon Oldesloe | 1960 | 8. | M 45 | 00:44:33 |
| 33. | Stamper,Sebastian | 471 | | 1990 | 1. | MJGD A | 00:44:39 |
| 34. | Sietz,Andreas | 382 | BSG Siemens | 1968 | 5. | M 40 | 00:44:41 |
| 35. | Goldschmidt,Johanna | 365 | Hamburger Sportclub | 1969 | 2. | W 40 | 00:44:53 |
| 36. | Nych,Thorsten | 435 | | 1967 | 6. | M 40 | 00:44:58 |
| 37. | Klenz,Fiete | 392 | | 1968 | 7. | M 40 | 00:45:03 |
| 38. | Krause, Frank | 421 | VfL Börnsen | 1968 | 8. | M 40 | 00:45:10 |
| 39. | Mose,Joachim | 468 | LG Niendorf | 1957 | 2. | M 50 | 00:45:14 |
| 40. | Kernreich-Wiencke,Marco | 348 | TSV Wandsetal | 1974 | 4. | M 35 | 00:45:27 |
| 41. | Berg,Jürgen | 447 | Barsbüttel | 1963 | 9. | M 45 | 00:45:45 |
| 42. | Möller,Marcel | 439 | | 1973 | 5. | M 35 | 00:45:49 |
| 43. | Conradi,Thomas | 443 | Glinde | 1969 | 9. | M 40 | 00:45:59 |
| 44. | Kleinmeyer,Dagmar | 457 | Barsbütteler SV | 1956 | 1. | W 50 | 00:46:13 |
| 45. | Rubiales Jimenez,Luis | 425 | SG Zoll Hamburg | 1938 | 1. | M 70 | 00:46:30 |

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| | | | | | | | |
|-----|--------------------------|-----|------------------------------|------|-----|--------|----------|
| 46. | Weber,Thomas | 431 | | 1968 | 10. | M 40 | 00:46:41 |
| 47. | Dehne,Mirco | 367 | | 1963 | 10. | M 45 | 00:46:45 |
| 48. | Fischer von Mollard,Dirk | 405 | TSV-Schwarzenbek | 1968 | 11. | M 40 | 00:46:50 |
| 49. | Müller,Alfred | 415 | | 1964 | 11. | M 45 | 00:46:57 |
| 50. | Ecker,Valentin | 416 | TSV Glinde | 1991 | 2. | MJGD A | 00:47:03 |
| 51. | Skotarczak,Mathias | 418 | | 1966 | 12. | M 40 | 00:47:10 |
| 52. | Stempfle,Lucas | 472 | | 1993 | 2. | MJGD B | 00:47:21 |
| 53. | Mollenhauer,Erik | 462 | | 1966 | 13. | M 40 | 00:47:22 |
| 54. | Buhs,Stephan | 407 | KJGlinde | 1984 | 3. | M | 00:47:30 |
| 55. | Gröhn,Kerstin | 340 | | 1983 | 1. | W | 00:47:33 |
| 56. | Wandmacher,Lars | 440 | | 1976 | 5. | M 30 | 00:47:35 |
| 57. | Heinzel,Thomas | 441 | | 1978 | 6. | M 30 | 00:47:36 |
| 58. | von Böhlen,Uwe | 401 | SV Fortuna Bösdorf | 1939 | 2. | M 70 | 00:47:51 |
| 59. | Damaschke, Siegfried | 359 | | 1950 | 4. | M 55 | 00:48:24 |
| 60. | Elfert,Bastian | 423 | TSV Glinde | 1989 | 4. | M | 00:48:26 |
| 61. | Münster,Reinhold | 398 | Barsbüttler SV | 1942 | 2. | M 65 | 00:48:37 |
| 62. | Krempe,Steffen | 424 | TSV Glinde | 1990 | 3. | MJGD A | 00:48:47 |
| 63. | Dohrn, Frank | 383 | AMTV Hamburg | 1958 | 3. | M 50 | 00:48:51 |
| 64. | Schöffler,Volker | 454 | | 1941 | 3. | M 65 | 00:49:15 |
| 65. | Stein,Ulrike | 433 | Spiridon Oldesloe | 1987 | 2. | W | 00:49:20 |
| 66. | Hinck,Dieter | 404 | TSV Glinde | 1944 | 4. | M 65 | 00:49:23 |
| 67. | Murlewski,Gillian | 387 | | 1996 | 1. | WSch B | 00:49:30 |
| 68. | Schröder,Matthias | 442 | TSV Glinde | 1969 | 14. | M 40 | 00:49:43 |
| 69. | Peter, Ronald | 372 | HLG 98 Wuppertal | 1960 | 12. | M 45 | 00:49:50 |
| 70. | Lebeuder,Bettina | 428 | | 1968 | 3. | W 40 | 00:50:02 |
| 71. | Kluge,Harm | 370 | Escheburg | 1944 | 5. | M 65 | 00:50:04 |
| 72. | Dietrich,Sonja | 414 | | 1967 | 4. | W 40 | 00:50:12 |
| 73. | Dabelstein,Hans-Heinrich | 437 | Spiridon Oldesloe | 1955 | 4. | M 50 | 00:50:13 |
| 74. | Blaim,Stefan | 378 | | 1963 | 13. | M 45 | 00:50:15 |
| 75. | Schaefer,Kerstin | 449 | Glinde | 1979 | 2. | W 30 | 00:50:16 |
| 76. | Reyes,Marco | 450 | | 1979 | 7. | M 30 | 00:50:17 |
| | Lölke,Ulrich | 446 | | 1963 | 14. | M 45 | 00:50:17 |
| 78. | Schop,Udo | 436 | Spiridon Oldesloe | 1959 | 5. | M 50 | 00:50:21 |
| 79. | Buhs,Tobias | 397 | KJG | 1988 | 5. | M | 00:50:39 |
| 80. | Schönfelder, Frank | 448 | | 1982 | 6. | M | 00:50:41 |
| 81. | Marin, Wolfgang | 337 | Freiwillige Feuerwehr Glinde | 1966 | 15. | M 40 | 00:50:48 |
| 82. | Roechlaub,Sven | 413 | | 1964 | 15. | M 45 | 00:50:53 |
| 83. | Schröder,Jan | 420 | SC Wentorf | 1964 | 16. | M 45 | 00:51:18 |
| 84. | Hass,Roland | 360 | ESV Büchen | 1947 | 3. | M 60 | 00:51:20 |
| 85. | Schoknecht,Karl-Heinz | 330 | Hamburg | 1938 | 3. | M 70 | 00:51:27 |
| 86. | Damaschke,Heidi | 358 | | 1956 | 2. | W 50 | 00:51:29 |
| 87. | Kätzel,Jürgen | 453 | | 1957 | 6. | M 50 | 00:51:31 |
| 88. | Dos Santos, Luis | 377 | | 1965 | 16. | M 40 | 00:52:08 |
| 89. | Kunert,Paul | 341 | TuS Hohnstorf | 1939 | 4. | M 70 | 00:52:14 |
| 90. | Baum,Andrea | 395 | Glinde | 1963 | 1. | W 45 | 00:52:32 |
| 91. | Sell,Christine | 452 | | 1963 | 2. | W 45 | 00:52:38 |
| 92. | Hacker,Carmen | 460 | HST Dahlenburg | 1967 | 5. | W 40 | 00:52:50 |
| | Hacker,Hartmut | 458 | HST Dahlenburg | 1965 | 17. | M 40 | 00:52:50 |

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| | | | | | | | |
|------|----------------------|-----|------------------------|------|-----|--------|----------|
| 94. | Meins,Norbert | 445 | | 1957 | 7. | M 50 | 00:53:05 |
| 95. | Rogowski,Dirk | 406 | TSV Bargetheide | 1969 | 18. | M 40 | 00:53:31 |
| 96. | Huneke,Marcus | 361 | | 1974 | 6. | M 35 | 00:53:37 |
| 97. | Brosius,Marc | 459 | | 1968 | 19. | M 40 | 00:53:48 |
| 98. | Basedow,Regina | 354 | TuS Hohnstorf/Elbe | 1956 | 3. | W 50 | 00:53:56 |
| 99. | Keetz,Mareike | 371 | | 1968 | 6. | W 40 | 00:53:58 |
| 100. | Torkel,Martin Oliver | 411 | SC Urania | 1976 | 8. | M 30 | 00:54:03 |
| 101. | Puschalka,Thomas | 426 | | 1985 | 7. | M | 00:54:06 |
| 102. | Konzmann,Tobias | 465 | | 1986 | 8. | M | 00:54:37 |
| 103. | Faust, Heike | 331 | Barsbütteler SV | 1964 | 3. | W 45 | 00:54:39 |
| 104. | Sinkewitsch,Jill | 419 | | 1967 | 7. | W 40 | 00:54:40 |
| 105. | Harder,Claus-York | 403 | Team Speckmade | 1975 | 9. | M 30 | 00:54:46 |
| 106. | Fiedler,Thomas | 432 | Barsbütteler SV | 1953 | 5. | M 55 | 00:54:54 |
| 107. | Kroinzer,Andreas | 353 | | 1974 | 7. | M 35 | 00:54:56 |
| 108. | Schwenk, Markus | 332 | | 1973 | 8. | M 35 | 00:55:26 |
| 109. | Klein,Louis | 466 | TSV Glinde | 1997 | 1. | MSch B | 00:56:00 |
| 110. | Rönisch,Bernd | 456 | Barsbüttel | 1967 | 20. | M 40 | 00:56:01 |
| 111. | Klein,Benno | 467 | | 1955 | 8. | M 50 | 00:56:05 |
| 112. | Allig,Armin | 399 | | 1955 | 9. | M 50 | 00:56:22 |
| 113. | Maicher,Beate | 393 | Oststeinbek | 1968 | 8. | W 40 | 00:56:30 |
| 114. | Hartleib,Holger | 400 | Hamburg | 1959 | 10. | M 50 | 00:56:36 |
| 115. | Hein,Lutz | 363 | Wohltorf | 1952 | 6. | M 55 | 00:56:41 |
| 116. | Simon,Jendrik | 338 | Feuerwehr Glinde | 1974 | 9. | M 35 | 00:56:46 |
| 117. | Brost,Rüdiger | 422 | | 1961 | 17. | M 45 | 00:56:47 |
| 118. | Wegner,Heiko | 334 | | 1966 | 21. | M 40 | 00:56:56 |
| 119. | Poehls,Britta | 373 | | 1968 | 9. | W 40 | 00:57:05 |
| 120. | Sander,Axel-Kevin | 369 | Bramfelder Sportverein | 1982 | 9. | M | 00:57:24 |
| 121. | Wieczorreck,Sylvia | 464 | Barsbüttel | 1983 | 3. | W | 00:57:34 |
| 122. | Stamper,Michael | 470 | | 1961 | 18. | M 45 | 00:57:41 |
| 123. | Murlewski,Thomas | 389 | | 1966 | 22. | M 40 | 00:58:18 |
| | Schröder,Marlies | 427 | | 1941 | 1. | W 65 | 00:58:18 |
| 125. | Schnackenberg, Gabi | 391 | Lauffreude | 1964 | 4. | W 45 | 00:58:23 |
| 126. | Lüning,Birgit | 347 | Team Schneckenjäger | 1960 | 5. | W 45 | 00:58:57 |
| 127. | Henke,Antje | 429 | TV Hausen | 1971 | 1. | W 35 | 01:00:42 |
| 128. | Boysen,Jannek | 412 | | 1992 | 3. | MJGD B | 01:00:46 |
| 129. | Menzel,Andreas | 386 | | 1957 | 11. | M 50 | 01:01:28 |
| 130. | Apollonio,Markus | 376 | | 1973 | 10. | M 35 | 01:02:55 |
| 131. | Gedanke,Heike | 357 | BSG NDR/BSV HH | 1957 | 4. | W 50 | 01:05:35 |
| 132. | Kock,Margot | 444 | | 1962 | 6. | W 45 | 01:07:44 |
| 133. | Biel, Sabine | 364 | BSG NDR/BSV HH | 1961 | 7. | W 45 | 01:12:32 |
| 134. | Corsi,Franco | 394 | | 1939 | 5. | M 70 | 01:32:00 |

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2 000 m - 2 km

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|------|----------------------|------|----------------------|------|-----|--------|----------|
| 1. | Klenz,Ramon | 271 | | 1998 | 1. | MSch C | 00:07:58 |
| 2. | Gieser,Robert | 236 | Hort Löwenzahn | 2000 | 1. | MSch D | 00:08:00 |
| 3. | Luhrs,Tom | 265 | | 2000 | 2. | MSch D | 00:08:02 |
| 4. | Scheffler,Simon | 252 | Breitenfelder SV | 1998 | 2. | MSch C | 00:08:03 |
| | Solorzano,André | 287 | | 1998 | 2. | MSch C | 00:08:03 |
| 6. | Sietz,Jesper | 254 | TUS Berne | 2000 | 3. | MSch D | 00:08:07 |
| 7. | Milewski,Tim | 255 | TSV Glinde | 1999 | 4. | MSch C | 00:08:15 |
| 8. | Blaim,Marvin | 240 | Hort Löwenzahn | 2001 | 4. | MSch D | 00:08:23 |
| 9. | Röhl, Hendrik | 258 | | 2001 | 5. | MSch D | 00:08:26 |
| 10. | Nemati,Leonard | 245 | Hort Löwenzahn | 2001 | 6. | MSch D | 00:08:27 |
| 11. | Scheffler,Jan Mattes | 253 | Breitenfelder SV | 2001 | 7. | MSch D | 00:08:28 |
| 12. | Gottschalk,Jonas | 237 | Hort Löwenzahn | 2000 | 8. | MSch D | 00:08:29 |
| 13. | Sieck,Inga | 260 | TSV Glinde | 1999 | 1. | WSch C | 00:08:30 |
| 14. | Röhl,Thorben | 257 | | 2000 | 9. | MSch D | 00:08:36 |
| 15. | Abmayr,Julia | 293 | OSV Otsteinbeker SV | 1999 | 2. | WSch C | 00:08:42 |
| 16. | Meyer,Marco | 231 | | 1999 | 5. | MSch C | 00:08:43 |
| 17. | Conradi,Laura | 266 | Glinde | 1998 | 3. | WSch C | 00:08:57 |
| 18. | Kaplan,Ebru | 243 | Hort Löwenzahn | 2001 | 1. | WSch D | 00:09:04 |
| 19. | Seufer,Lion | 270 | | 2000 | 10. | MSch D | 00:09:08 |
| 20. | Solorzano,Celine | 248 | Hort Löwenzahn | 2001 | 2. | WSch D | 00:09:10 |
| | El Saleh, Mohammed | 239 | Hort Löwenzahn | 2000 | 11. | MSch D | 00:09:10 |
| 22. | Ennuschat, Jan Eike | 241 | Hort Löwenzahn | 2001 | 12. | MSch D | 00:09:13 |
| | Jacobsen,Jana-Sophie | 256 | Oststeinbeker SV | 2000 | 3. | WSch D | 00:09:13 |
| 24. | Gottschalk,Timo | 249 | Hort Löwenzahn | 2002 | 1. | M 6-7 | 00:09:25 |
| 25. | Lindenau,Lukas | 291 | OsV | 2000 | 13. | MSch D | 00:09:30 |
| 26. | Rosenow,Lasse | 250 | | 1999 | 6. | MSch C | 00:09:32 |
| 27. | Schwerin,Aileen | 267 | | 1999 | 4. | WSch C | 00:09:33 |
| 28. | Moritz,Julius | 244 | Hort Löwenzahn | 2001 | 14. | MSch D | 00:09:36 |
| 29. | Westphal,Kian | 286 | | 2002 | 2. | M 6-7 | 00:09:37 |
| 30. | Blaim,Stella | 232 | Hort Löwenzahn | 1998 | 5. | WSch C | 00:09:38 |
| 31. | Benn,Fill Oliver | 272 | Bergedorfer Ski-Club | 2001 | 15. | MSch D | 00:09:46 |
| 32. | Schulz,Sina | 269 | | 2000 | 4. | WSch D | 00:10:10 |
| 33. | Nowitzki,Marvin | 233 | Hort Löwenzahn | 1998 | 7. | MSch C | 00:10:15 |
| | Baum,Tim | 251 | | 2001 | 16. | MSch D | 00:10:15 |
| 35. | Redzeqi,Almira | 234 | Hort Löwenzahn | 1998 | 6. | WSch C | 00:10:17 |
| 36. | Dankers,Jan | 285 | TSV Glinde | 1999 | 8. | MSch C | 00:10:24 |
| 37. | Rosenow,Kjell | 263 | TSV Glinde | 2002 | 3. | M 6-7 | 00:10:40 |
| 38. | Amthor,Iliana | 268 | | 2000 | 5. | WSch D | 00:10:51 |
| 39. | Eggers,Jacqueline | 238 | Hort Löwenzahn | 2000 | 6. | WSch D | 00:10:52 |
| 40. | Nemati,Marie | 246 | Hort Löwenzahn | 2001 | 7. | WSch D | 00:10:53 |
| 41. | Lebeuder,Felix | 262 | | 2002 | 4. | M 6-7 | 00:11:04 |
| 42. | Morell,Julius | 259 | TSV Bargetheide | 2000 | 17. | MSch D | 00:11:34 |
| 43. | Elmustapha,Salah | 292 | | 2001 | 18. | MSch D | 00:11:35 |
| 44. | Murlewski,Shannon | 264 | | 2002 | 1. | W 6-7 | 00:11:40 |
| 45. | Pörschke,Sina | 290 | | 2002 | 2. | W 6-7 | 00:11:54 |

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| 46. Koller,Jane | 289 | | 2002 | 3. | W 6-7 | 00:11:57 |
| 47. Pereira Martins, Jonny | 235 | Hort Löwenzahn | 1999 | 9. | MSch C | 00:12:10 |
| 48. Jansen,Jasmin | 242 | Hort Löwenzahn | 2001 | 8. | WSch D | 00:12:30 |
| 49. Sperling, Angelique | 247 | Hort Löwenzahn | 2001 | 9. | WSch D | 00:13:09 |
| 50. Kuper,Rebecca | 230 | | 2002 | 4. | W 6-7 | 00:13:55 |
| 51. Raab,Emily | 288 | | 2002 | 5. | W 6-7 | 00:15:47 |

Gesamtanzahl der Läufer bisher : 51

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Lütt - 400 m

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|-------------|-----------------------------|-------------|-----------------|-----------|-----------|---------------|-----------------|
| 1. | Lebeuder, Felix | 14 | | 2004 | 1. | M-Lütt | 00:01:33 |
| 2. | Blaut, Alexander | 29 | | 2004 | 2. | M-Lütt | 00:01:41 |
| 3. | Morell, Marcius | 9 | TSV Bargetheide | 2004 | 3. | M-Lütt | 00:01:45 |
| 4. | Lebeuder, Florian | 13 | | 2004 | 4. | M-Lütt | 00:01:48 |
| 5. | Lindenau, David | 32 | | 2004 | 5. | M-Lütt | 00:01:50 |
| | Blaut, Lisa | 26 | | 2003 | 1. | W-Lütt | 00:01:50 |
| 7. | Jarchow, Amelie | 4 | TSV-Glinde | 2005 | 2. | W-Lütt | 00:02:04 |
| 8. | Steffens, Jan | 19 | | 2004 | 6. | M-Lütt | 00:02:05 |
| 9. | Möller, Finn-Louis | 18 | | 2004 | 7. | M-Lütt | 00:02:10 |
| 10. | Swiadek, Kiara | 6 | | 2004 | 3. | W-Lütt | 00:02:12 |
| 11. | Amthor, Hannah | 22 | | 2004 | 4. | W-Lütt | 00:02:13 |
| 12. | Tolksdorf, Johann | 1 | TSV- Glinde | 2004 | 8. | M-Lütt | 00:02:14 |
| 13. | Seufer, Lara | 24 | | 2004 | 5. | W-Lütt | 00:02:15 |
| 14. | Henke, Clara | 15 | TV Heusen | 2005 | 6. | W-Lütt | 00:02:17 |
| 15. | Raab, Isabell | 31 | | 2004 | 7. | W-Lütt | 00:02:22 |
| 16. | Koller, Finja | 30 | | 2005 | 8. | W-Lütt | 00:02:23 |
| 17. | Jerosch, Alexander | 17 | | 2004 | 9. | M-Lütt | 00:02:28 |
| 18. | Jerosch, Michael | 16 | | 2004 | 10. | M-Lütt | 00:02:29 |
| 19. | Soller, Johanna | 3 | TSV-Glinde | 2005 | 9. | W-Lütt | 00:02:35 |
| 20. | Blaut, Anna-Lena | 27 | | 2006 | 10. | W-Lütt | 00:02:42 |
| 21. | Tolksdorf, Anna Marie | 2 | TSV-Glinde | 2006 | 11. | W-Lütt | 00:02:53 |
| 22. | Röhl, Annika | 8 | | 2006 | 12. | W-Lütt | 00:03:01 |
| 23. | Rex, Malina | 7 | | 2006 | 13. | W-Lütt | 00:03:05 |
| 24. | Tschirch, Finn | 12 | | 2006 | 11. | M-Lütt | 00:03:07 |
| 25. | Burmester, Lara-Marie | 5 | | 2006 | 14. | W-Lütt | 00:03:23 |
| 26. | Putzar, Colin | 23 | | 2006 | 12. | M-Lütt | 00:03:31 |
| 27. | Fischer von Mollard, Ebba S | 11 | | 2006 | 15. | W-Lütt | 00:03:36 |
| 28. | Tiedemann, Emma | 21 | | 2006 | 16. | W-Lütt | 00:04:12 |

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5 000 m - 5 km

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|-------------|----------------------|-------------|----------------------|-----------|-----------|---------------|-----------------|
| 1. | Buhs,Stephan | 158 | KJGlinde | 1984 | 1. | M | 00:18:03 |
| 2. | Jödicke,Markus | 219 | | 1991 | 1. | MJGD A | 00:18:24 |
| 3. | Meyer,André | 215 | | 1973 | 1. | M 35 | 00:19:02 |
| 4. | Liedtke,Jonas | 164 | LG Glinde | 1992 | 1. | MJGD B | 00:19:20 |
| 5. | Scharffenberg,Andre | 217 | | 1986 | 2. | M | 00:19:43 |
| 6. | Bobzin,JOSHUA | 165 | LG Glinde | 1994 | 1. | MSch A | 00:19:45 |
| 7. | Ecker,Wolfgang | 211 | TSV Glinde | 1957 | 1. | M 50 | 00:19:54 |
| 8. | Tschirch,Jörg | 128 | | 1961 | 1. | M 45 | 00:19:56 |
| 9. | Oppermann,Detlef | 213 | | 1952 | 1. | M 55 | 00:20:10 |
| 10. | Ecker,Valentin | 212 | TSV Glinde | 1991 | 2. | MJGD A | 00:20:41 |
| 11. | Birkholz,Frank | 190 | LTV Kiel-Ost | 1957 | 2. | M 50 | 00:20:46 |
| 12. | Suck,Alexander | 125 | | 1990 | 3. | MJGD A | 00:21:04 |
| 13. | Sichwart,Alexander | 210 | SC Finkenwerder | 1990 | 4. | MJGD A | 00:21:09 |
| 14. | Ries,Jochen | 183 | | 1944 | 1. | M 65 | 00:21:41 |
| 15. | Mettke,Thorbjörn | 209 | SC Finkenwerder | 1991 | 5. | MJGD A | 00:21:45 |
| 16. | Ryll,Christoph | 202 | LG Glinde | 1997 | 1. | MSch B | 00:21:48 |
| 17. | Kurth,Werner | 175 | | 1953 | 2. | M 55 | 00:21:52 |
| 18. | Gruber,Andreas | 171 | TSV- Glinde | 1997 | 2. | MSch B | 00:21:55 |
| 19. | Recht,Janette | 138 | Hamburg | 1981 | 1. | W | 00:22:21 |
| 20. | Ryll,Alina | 163 | LG Glinde | 1992 | 1. | WJGD B | 00:22:24 |
| 21. | Jasse,Rüdiger | 139 | | 1970 | 2. | M 35 | 00:22:34 |
| 22. | Müller,Lukas | 205 | | 1998 | 1. | MSch C | 00:22:39 |
| 23. | Benn,Nikolas Thomas | 189 | | 1999 | 2. | MSch C | 00:22:42 |
| 24. | Repen,Nils | 203 | LG Glinde | 1995 | 2. | MSch A | 00:22:50 |
| 25. | Rühmkorf, Denis | 176 | | 1972 | 3. | M 35 | 00:23:23 |
| 26. | Eickhof,Kai | 208 | | 1981 | 3. | M | 00:23:39 |
| 27. | Sonnenberg, Bernd | 179 | Segeberger Ruderclub | 1963 | 2. | M 45 | 00:23:55 |
| 28. | Torkel,Martin Oliver | 201 | SC Urania | 1976 | 1. | M 30 | 00:24:04 |
| 29. | Peters,Meike | 129 | | 1967 | 1. | W 40 | 00:24:10 |
| 30. | Rosenthal,Julia | 166 | LG Glinde | 1993 | 2. | WJGD B | 00:24:25 |
| 31. | Rosenow,Fynn | 178 | | 1996 | 3. | MSch B | 00:24:44 |
| 32. | Meyer,Michael | 156 | | 1966 | 1. | M 40 | 00:24:54 |
| 33. | Mutlu,Gabriele | 134 | | 1968 | 2. | W 40 | 00:25:04 |
| 34. | Harder,Claus-York | 159 | Team Speckmade | 1975 | 2. | M 30 | 00:25:08 |
| 35. | Diezel,Sandra | 180 | Hamburg | 1984 | 2. | W | 00:25:11 |
| 36. | Steinke,Darwin | 207 | TSV- Glinde | 1997 | 4. | MSch B | 00:25:33 |
| 37. | Kock,Britta | 168 | TSV Glinde | 1961 | 1. | W 45 | 00:25:36 |
| 38. | Hansen,Thorsten | 140 | | 1973 | 4. | M 35 | 00:25:59 |
| 39. | Ulmer,Tanja | 127 | | 1971 | 1. | W 35 | 00:26:11 |
| 40. | Behn,Inge | 172 | TSV-Glinde | 1959 | 1. | W 50 | 00:26:16 |
| 41. | Kilch,Peter | 170 | TSV Glinde | 1948 | 1. | M 60 | 00:26:17 |
| 42. | Eid,Marisa | 130 | HSG RedBlue | 1996 | 1. | WSch B | 00:26:29 |
| 43. | Meyer,Kristin | 157 | | 1995 | 1. | WSch A | 00:26:30 |
| 44. | Limmermann,Heike | 137 | Barsbütteler SV | 1967 | 3. | W 40 | 00:26:35 |
| 45. | Mutlu,Timon | 133 | | 1994 | 3. | MSch A | 00:26:50 |

Siegerlisten Gesamt

10. Himmelfahrtslauf in Glinde

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| | | | | | | | |
|-----|-------------------------|-----|-----------------|------|----|--------|----------|
| 46. | Peters, Vanessa | 184 | HSG RedBlue | 1996 | 2. | WSch B | 00:27:02 |
| 47. | Kock, Bjarne | 167 | TSV Glinde | 1999 | 3. | MSch C | 00:27:07 |
| 48. | Kernreich, Laura | 186 | | 1997 | 3. | WSch B | 00:27:13 |
| 49. | Kock, Manfred | 181 | | 1937 | 1. | M 70 | 00:27:22 |
| 50. | Bongartz, Frank | 132 | | 1963 | 3. | M 45 | 00:27:36 |
| 51. | Erfurt, Christine | 161 | | 1948 | 1. | W 60 | 00:27:38 |
| 52. | Swiadek, Fynn | 188 | | 1998 | 4. | MSch C | 00:27:55 |
| 53. | Schultz, Peter Wolfgang | 218 | | 1967 | 2. | M 40 | 00:28:16 |
| 54. | Kernreich, Timon | 185 | Rahlstedter SC | 2000 | 1. | MSch D | 00:28:23 |
| 55. | Hundt, Hans-Georg | 141 | Wohltorf | 1950 | 3. | M 55 | 00:28:26 |
| 56. | Habbe, Marina | 214 | | 1996 | 4. | WSch B | 00:28:37 |
| 57. | Reimer, Peter | 182 | Barsbütteler SV | 1939 | 2. | M 70 | 00:28:45 |
| 58. | Gagalick, Jürgen | 173 | Harburger S.C. | 1950 | 4. | M 55 | 00:29:12 |
| 59. | Nedel, Mareike | 200 | | 1996 | 5. | WSch B | 00:29:14 |
| 60. | Henke, Merlin | 135 | | 1998 | 5. | MSch C | 00:29:41 |
| 61. | Quern, Vanessa | 191 | | 1988 | 3. | W | 00:29:44 |
| 62. | Winterle, Heidi | 193 | Barsbütteler SV | 1957 | 2. | W 50 | 00:29:52 |
| 63. | Sulzer, Manfred | 216 | | 1940 | 2. | M 65 | 00:30:43 |
| | Pregler, Gerhard | 220 | | 1939 | 3. | M 70 | 00:30:43 |
| 65. | Kernreich, Dagmar | 187 | | 1974 | 2. | W 35 | 00:30:50 |
| 66. | Kuchenbecker, Svea | 136 | | 1996 | 6. | WSch B | 00:31:11 |
| 67. | Murlewski, Yvonne | 195 | | 1965 | 4. | W 40 | 00:31:22 |
| 68. | Berger, Pia | 199 | TSV Glinde | 1997 | 7. | WSch B | 00:31:32 |
| 69. | Moschet, Caroline | 196 | Möllner SV | 1997 | 8. | WSch B | 00:32:08 |
| 70. | Moschet, Ralf | 197 | Möllner SV | 1960 | 4. | M 45 | 00:32:09 |
| 71. | Rubiales, Irene | 131 | TC Hanseatic | 1941 | 1. | W 65 | 00:33:56 |
| 72. | Westheide, Jürgen | 126 | | 1940 | 3. | M 65 | 00:38:51 |

Gesamtanzahl der Läufer bisher : 72

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5.000 m Walking - Wa

| Rang | Name, Vorname | Stnr | Verein | Jg | PK | Klasse | Laufzeit |
|-------------|----------------------|-------------|---------------------|-----------|-----------|---------------|-----------------|
| 1. | Kamann, Ingrid | 1610 | | 1947 | 1. | W 60 | 00:32:24 |
| 2. | Eweber, Berd | 1609 | | 1954 | 1. | M 55 | 00:33:26 |
| 3. | Dose, Werner | 1617 | SV Fortuna Bösdorf | 1934 | 1. | M 75 | 00:34:18 |
| 4. | Kruse, Mona | 1612 | | 1959 | 1. | W 50 | 00:36:08 |
| 5. | Dose, Brigitte | 1616 | SV Fortuna Bösdorf | 1941 | 1. | W 65 | 00:36:46 |
| 6. | Tessarczyk, Gitta | 1623 | | 1946 | 2. | W 60 | 00:37:04 |
| 7. | Priebe, Inge | 1620 | SV Fortuna Bösdorf | 1947 | 3. | W 60 | 00:37:22 |
| 8. | Kositzke, Ilse | 1621 | Laufftreff Öjendorf | 1934 | 1. | W 75 | 00:39:23 |
| 9. | Martens, Brigitte | 1613 | Hamburg | 1943 | 2. | W 65 | 00:40:30 |
| 10. | Peters, Sabine | 1618 | HSG RedBlue | 1970 | 1. | W 35 | 00:40:49 |
| 11. | Hass, Renate | 1619 | ESV Büchen | 1950 | 1. | W 55 | 00:40:50 |
| 12. | Reder, Kathrin | 1614 | | 1965 | 1. | W 40 | 00:41:01 |
| | Bendrat, Silke | 1615 | | 1962 | 1. | W 45 | 00:41:01 |
| 14. | Gesell, Eugen | 1622 | Neumünster | 1929 | 2. | M 75 | 00:42:38 |
| 15. | Kammann, Klaus | 1611 | | 1943 | 1. | M 65 | 00:43:24 |

Gesamtanzahl der Läufer bisher : 15